



Depression and Bipolar Support Alliance of San Diego

DBSA San Diego presents ...



Philip Botkiss, M.D.

Transcranial Magnetic Stimulation: A New Frontier in Brain Stimulation Treatment

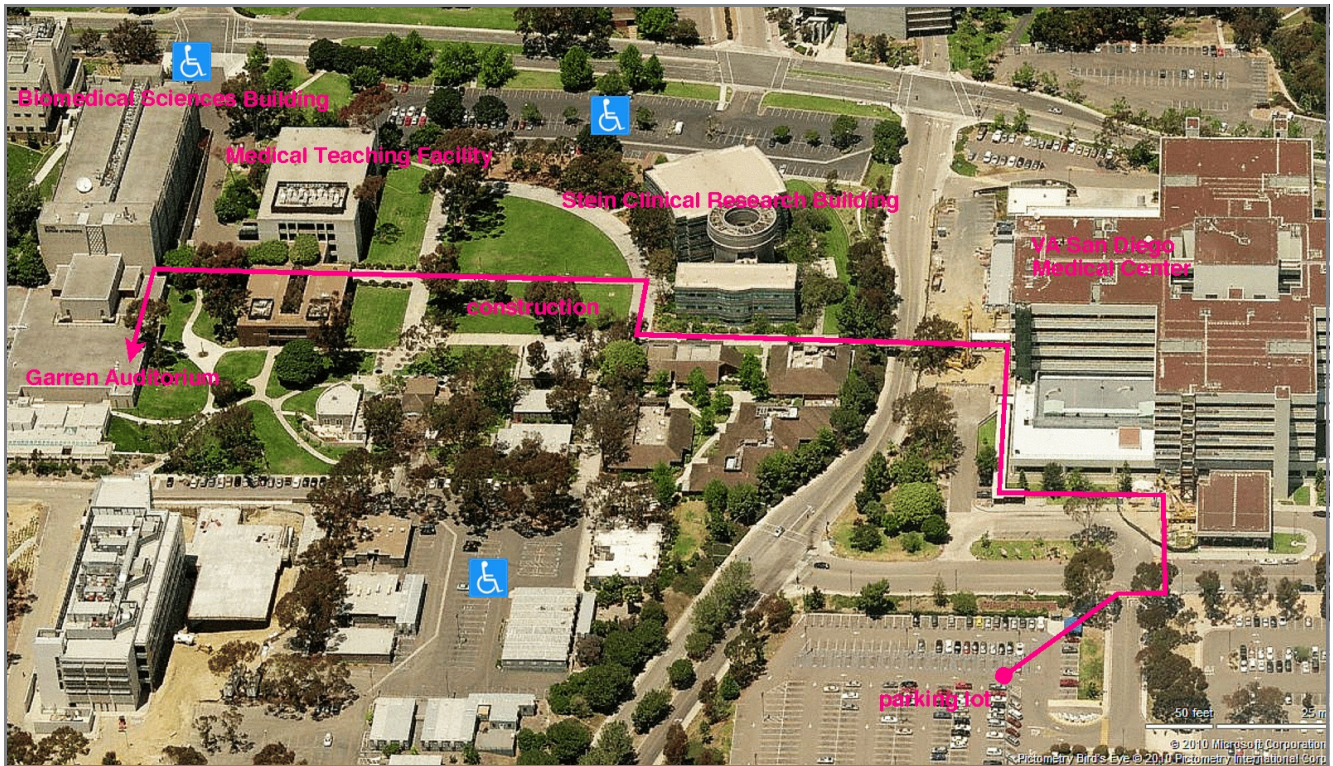
Dr. Botkiss will be discussing a new FDA-approved treatment for depression called transcranial magnetic stimulation (TMS) which is an alternative to medication and ECT. He will talk about the theory behind TMS, how it works, review the studies that led to FDA approval, and discuss where TMS fits into a treatment plan for management of treatment-resistant depression. He will also provide a brief update on the use of ECT as an alternative treatment as well.

**When Monday, 13 September 2010
6:00pm – 8:00pm**

**Where Garren Auditorium
Biomedical Sciences Building
Medical School Campus
University of California, San Diego
La Jolla, California**

Dr. Botkiss is a board-certified Clinical Psychiatrist who has been in private practice in San Diego for over twenty years. He specializes in the treatment of mood disorders in both outpatient and hospital-based settings. In addition to his practice, he is a Clinical Director at Sharp Mesa Vista Hospital and a Clinical Instructor at the University of California, San Diego.

There is *free parking* in the VA San Diego Medical Center parking lot. Garren Auditorium is a short walk over the footbridge. Follow the signs for about one block. See the map on the reverse side for detailed directions. For information on parking with "Disabled Person" placards or license plates, see the Web page <http://blink.ucsd.edu/facilities/transportation/permits/disabled.html> or see the map overleaf.



Walking Directions to Garren Auditorium

Follow the DBSA San Diego signs with the blue arrows along the way.

1. Start in the parking lot and walk to the bus stop in front of the VA San Diego Medical Center (usually called the VA Hospital in La Jolla).
2. Walk **west** to the covered outdoor corridor, turn **right** and walk down that corridor (along the western edge of the hospital) until you turn **left** when you get to the footbridge crossing Villa La Jolla Drive. Walk over that footbridge.
3. Continue walking past the **Stein Clinical Research Building** (on your **right**).
4. To avoid the construction area, follow the sidewalk **right** and then **left** where the fence ends, continuing toward the **Medical Teaching Facility** building.
5. Walk under the overhead walkway connecting the two parts of **Medical Teaching Facility**.
6. Continue walking until you reach the **Biomedical Sciences Building**.
7. Enter the large glass sliding doors and turn immediately **left** down a corridor, where there is a sign saying **Garren Auditorium** is in Room 1105.
8. Walk down the corridor, turning **right**, then **left**.
9. **Garren Auditorium** is down the first hallway to your **left**, Room 1105. You can enter at the bottom, where the lecturer is, or continue until you see a staircase going up on your **right**. This will take you to the top (back) of the auditorium.

Please note: The sliding glass doors to the Biomedical Sciences Building lock at 7pm from the outside, so please be sure to arrive before then.