



Depression and Bipolar Support Alliance of San Diego

DBSA San Diego presents ...



John Lohrman

Private Health Insurance and Medicare

John Lohrman will be speaking about private health insurance and Medicare, topics with too many questions and too few answers. *John is the guy with the answers!*

When Monday, 01 June 2009
6:00pm – 7:30pm

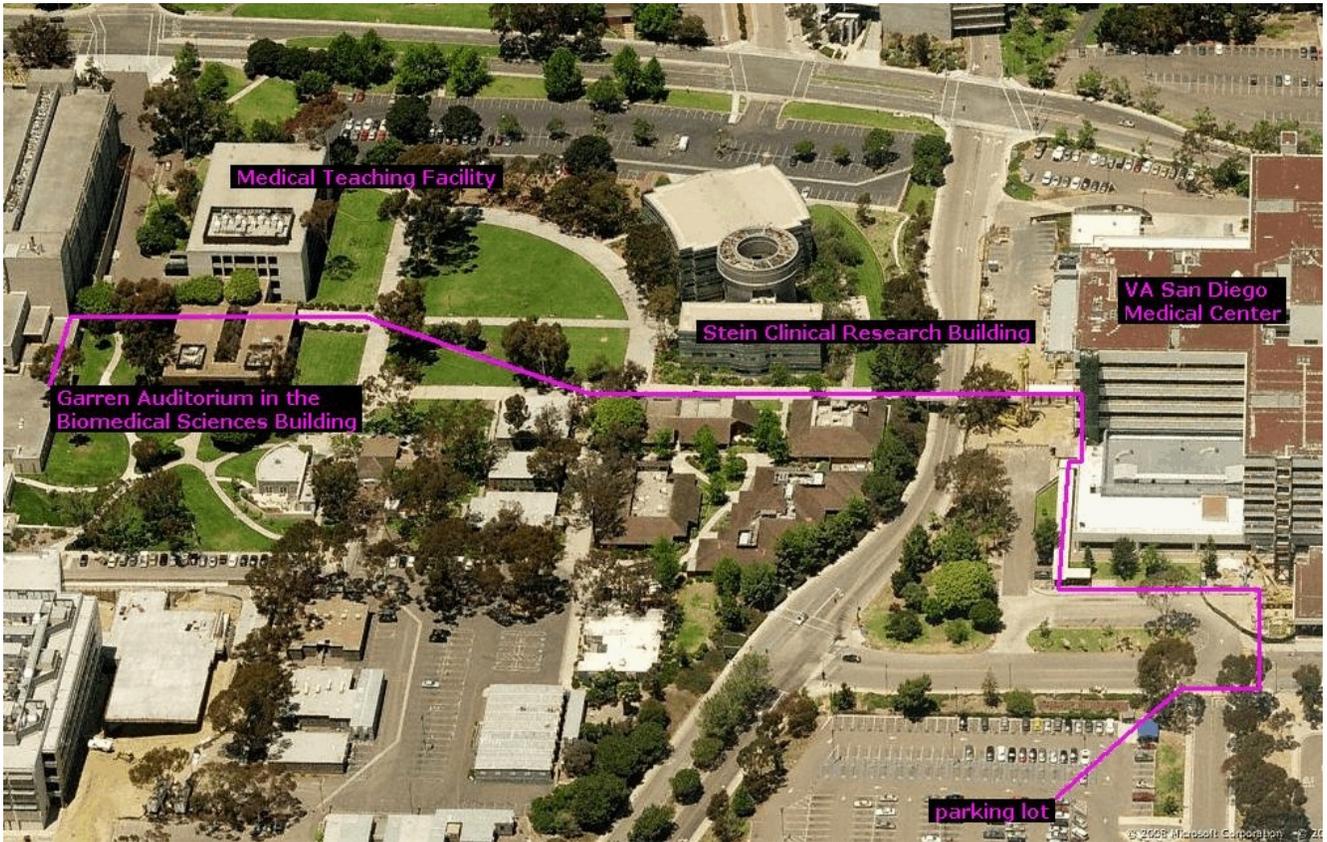
Where Garren Auditorium
Biomedical Sciences Building, Medical School Campus
University of California, San Diego
La Jolla, California

John Lohrman grew up in Omaha, Nebraska and graduated from Central High School in 1967. He attended the University of Texas in Austin and shortly thereafter moved to Houston and established his own sales rep firm selling housewares, small appliances and electronics. While in Houston, John always had the love of adventure and he got his private pilots license. He played rugby for the Houston Rugby Club and in 1977 formed Texas River Expeditions, a whitewater rafting company. Because of his concerns for his customers' safety, John got his EMT/Paramedic training from Cypress Creek Ambulance Service so he would be able to handle any emergency that might occur during the wilderness river adventures. His river company appeared on television many times for *P.M. Magazine* and *National Geographic*.

John married his beautiful wife Linda in 1980 while a hurricane was bearing down on Houston. His love for helping people brought him to San Diego in 1986, and in 1989 he formed California HealthQuote Insurance Services. He has been a top ten producer out of 30,000 agents in California for Anthem Blue Cross. John also serves on the agent advisory council for Anthem Blue Cross, Blue Shield of California, and HealthNet of California.

Mr. Lohrman does volunteer work for the Cancer Lymphoma Society to help their patients with their medical rights to purchase insurance. He also does volunteer work for the Ronald MacDonald House and takes children cancer survivors on river trips into Texas with the help of Southwest Airlines. John is on the Health and Wellness Foundation for Tri-City Hospital and he teaches the A, B, C, and part D's of Medicare at their Wellness seminars. John has been an independent broker for 23 years and is an expert witness for the insurance industry and a Senior Medicare Specialist.

There is free parking in the VA San Diego Medical Center parking lot. Garren Auditorium is a short walk over the footbridge. Follow the signs for about one block. See the map on the reverse side for detailed directions.



1. Start in the **parking lot** and walk to the bus stop in front of the **VA San Diego Medical Center** (usually called the VA Hospital in La Jolla).
2. Walk west to the covered outdoor corridor, turn right and walk north down that corridor, along the western edge of the hospital, until you turn left (west) when you get to the footbridge.
3. Walk over the footbridge that crosses Villa La Jolla Drive.
4. Walk past the **Stein Clinical Research Building** (on your right).
5. On your right, you will see a diagonal asphalt path starting near a fire hydrant. Walk down that path to the **Medical Teaching Facility** building.
6. When you reach the end of the asphalt path, walk under the overhead walkway connecting the two parts of the building. Continue until you reach the next building, which is the **Biomedical Sciences Building**.
7. Enter the large glass sliding doors and turn immediately left down a corridor, where there is a sign saying **Garren Auditorium** is in Room 1105.
8. Walk down the corridor, turning right, then left.
9. Enter where it says Room 1105 (the bottom/front of the room, where the lecturer will be) and take a seat. Alternatively, continue until you see a staircase going up on your right. This will take you to the top/back of the auditorium.

Signs will be posted along the route from the parking lot to Garren Auditorium.