

Help Lines and Crisis Intervention Lines (County of San Diego)

■ *Below are a few of the help lines and crisis intervention lines operating in the County of San Diego.*

24-Hour Crisis Response

Phone: 800.479.3339

Services: Telephone crisis intervention information and referral; suicide intervention and education; United Behavioral Health

Adult Abuse Reporting Line

Phone: 800.510.2020

Services: Adult protection line information/referral

Albright Information and Referral Center

Phone: 619.543.1434

Address: 4480 30th Street
San Diego, California 92116

Services: 24-hour phone support service, information, referrals, educational support for families and friends of persons with mental illness. Parent organization: NAMI San Diego

Cocaine Anonymous

Phone: 858.268.9109

Address: P. O. Box 261411
San Diego, California 92126

Services: Cocaine Anonymous is a fellowship of men and women who share their experience, strength and hope with each other so that they may solve their common problem and help others to recover from their addiction. Areas: North Coastal, South Coastal, Central San Diego

Compassionate Friends

Phone: 619.583.1555

Address: 4735 Clairemont Drive
San Diego, California 92117

Services: Loss of a child; phone and support groups

Coping with Crisis – Veterans Crisis line

Phone: 858.642.1234

Address: 3350 La Jolla Village Drive
San Diego, California 92161

Services: The VA Homeless Outreach program is open to all honorably-discharged veterans who are homeless or at risk to become homeless, and are experiencing psychiatric or substance abuse problems. Our primary emphasis is evaluation and treatment of mental health or substance abuse problems. Therapeutic and rehabilitative services are offered to eligible veterans: assessment of psychiatric and medical needs; placement in residential treatment facilities; referrals to other community

Crime Victim Hotline

Phone: 619.688.9200

Services: 24-hour hotline

Emergency Screening Unit

Phone: 619.421.6900

Address: 730 Medi-Cal Center Court
Chula Vista, California 91911

Services: Emergency psychiatric evaluation, including screening for inpatient hospitalization, crisis stabilization, brief outpatient therapy, medication evaluation and management, telephone crisis intervention and referral. Parent organization: San Diego County, Health and Human Services Agency (HHS), Children's Mental Health Services. Contact: Children's Mental Health Services

Girls Town and Boys Town 24-Hour Teen Hotline

Phone: 800.448.3000

Services: Short-term crisis line; any type of crisis; 24 hours; has referrals; for teens and families.

Methamphetamine Strike Force Hotline

Phone: 877.662.6384

Services: Completely confidential; call to report users, dealers, labs; call to get info on prevention, intervention, treatment. Secure voice mail after business hours.

Rady Children's Hospital Behavioral Crisis Center Mobile Assessment Team

Phone: 760.730.5900

Address: 2125 South El Camino Real
Oceanside, California 92054

Services: Provides urgent mental health service for youth up to age 17 who are experiencing severe emotional and/or behavioral issues. Clients may telephone or come in for same-day services. The center also operates a Mobile Assessment Team, for clients unable to come into the clinic. Parent organization: Rady Children's Hospital

Trevor Helpline

Phone: 800.850.8078

Services: 24-hour suicide prevention (gay, lesbian, bisexual, and questioning youth). The Trevor Helpline is a service of The Trevor Project, a non-profit endeavor devoted to promoting tolerance and understanding for gay, lesbian, bisexual, and questioning youth.

Warm Line

Phone: 800.930.WARM

Services: The Warm Line is a friendly telephone support line, answered by trained consumers who offer support, listen to concerns, and generally understand the caller's perspective and are willing to listen. The Warm Line is a non-crisis phone service, which serves as an alternative to the Access and Crisis Line or emergency services. Parent organization: The Meeting Place, Inc.

Youth to Youth Hotline

Phone: 866.222.1886

Services: Phones staffed by teens, supervised and trained by adults. Provides confidential peer counseling and referrals regarding problems, STD, drugs, relationships, dating violence, suicide, date rape, teen to teen.