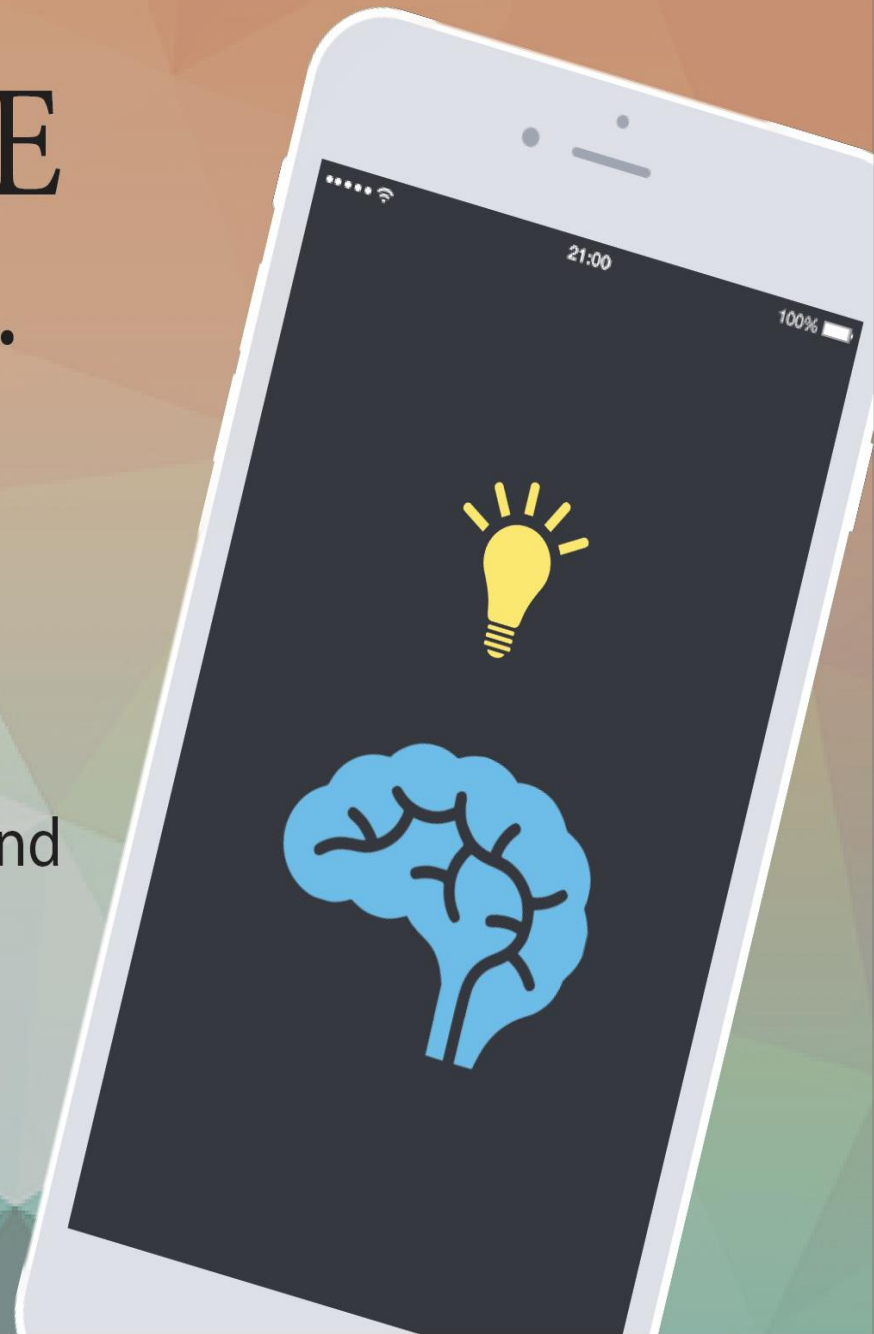


# USE YOUR SMARTPHONE TO CONNECT WITH... YOURSELF

Participate in a study examining how smartphones can help us better understand real-world mental functions.

**UC San Diego**

Human Research  
Protections Program  
UC San Diego  
Approved  
Current Approval: 12/10/2018  
Project Number 172120  
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## Inclusion Criteria:

Bipolar I or II disorder OR have no mental illness

18 to 65 years old

English speaker

Do not have a history of head trauma

Do not have a history of a neurological disorder (e.g., Parkinson's disease, Alzheimer's disease, stroke, seizures)

## Study Includes:

Clinical interviews

Testing: memory, attention & learning tasks

Smartphone tests of mental functions & wrist-watch device called an actigraphy watch to measure your physical activity and sleep patterns

Compensation for 3 in-person visits & for each at-home survey you complete

***Interested? Contact Tess Filip or Snigdha Kamarsu at:  
858-534-0506***

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