

**Services Provided by the
Psychosocial Rehabilitation &
Recovery Center (PRRC)**

INDIVIDUAL:

- Evidence-based Psychotherapy
- Mental Health & Diagnostic Treatment
- Supported Employment
- Case Management/Supported Housing
- Medication Management Linkages

FAMILY:

- Family Psychoeducational Programs

GROUP:

- Social Skills Training Group
- Cognitive Behavioral Therapy Group
- Illness Management & Recovery Group
- Peer Support Group
- Treatment Of Co-occurring Substance Use Disorders

HEALTH:

- Wellness Programming
- Primary Medical Care Linkages



**VA SAN DIEGO
HEALTHCARE SYSTEM**



*A Division of VA Desert Pacific
Healthcare Network*

Address:

Mission Gorge Clinic
4525 Mission Gorge Place
San Diego, CA 92120

Directions by vehicle:

- Fairmount/Mission Gorge Road exit off 8
- North on Mission Gorge Road
- Right at Mission Gorge Place

**Bus Route 13 & Grantville Stop on Green
Trolley Line allows for easy access to the
Mission Gorge Clinic. Route Information
is Available at :**

[http://transit.511sd.com/Services/SDMTSRoute
PDFs/13.pdf](http://transit.511sd.com/Services/SDMTSRoutePDFs/13.pdf)

Or

**Call The Following Number For Additional
Route Information:**

(619) 557-4555



**Psychosocial Rehabilitation
&
Recovery Center**

**Reducing Barriers And
Broadening Horizons
Through Integrated
Care And Collaboration**

**VA San Diego Healthcare System
Mission Gorge Clinic
4525 Mission Gorge Place
Phone: 619.228.8090
Fax: 619.228.8030**

PRRC Mission:

To help veterans with serious mental health conditions live full and productive lives by instilling the recovery practices of hope, emphasizing strengths, and teaching skills to achieve their living, learning, working and socializing goals.

We provide veterans who have serious mental health conditions an avenue to define and follow a personal mission and vision for their future. Our services are individualized based on the veteran's:

- Identified Strengths
- Self-chosen Values
- Interests
- Personal Goals
- Roles



ELIGIBILITY

- All VA eligible veterans with a serious mental illness with psychosis
- Medically and psychiatrically stable outpatient status

How To Access PRRC Services:

- The PRRC offers same day intake access to veterans who have a diagnosis of a serious mental illness with psychosis.
- Veterans can also be referred to the PRRC through standard CPRS consults sent to "Psychosocial Rehabilitation and Recovery Center" or "PRRC."

Same Day Intakes are offered :

Monday, Wednesday, & Friday
10 AM to 12 (Noon)



Main Phone # 619.228.8090

PRRC Staff & Contact Information:

Rebecca Williams, Ph.D.

- *Director of the PRRC*
- 619.228.8002

Christine Rufener, Ph.D.

- *Associate Director*
- *Local Recovery Coordinator*
- 619.228.8009

Eric Granholm, Ph.D.

- *Director of the Interprofessional Psychosocial Rehabilitation & Recovery Fellowship program*
- 858.552.8585 ext. 7768

David Moss, LCSW

- *PRRC Social Worker*
- 858-228-6845

Sabrina Castaneda, M.S.

- *Vocational Rehabilitation Specialist*
- 619.228.8025