

*To bring the tools for the best possible quality of life to our clients.*

## Mission Statement

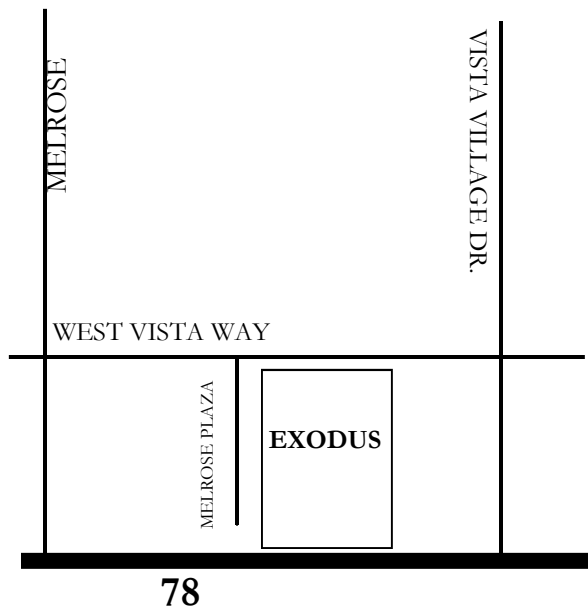
*Our concept of total health care incorporates the physical, emotional, and spiritual needs of each client.*

*Our programs strive to create an environment which promotes the dignity of all participating*



**Exodus Recovery Mental Health Walk-In Assessment Center,**  
a County of San Diego Mental Health contracted program

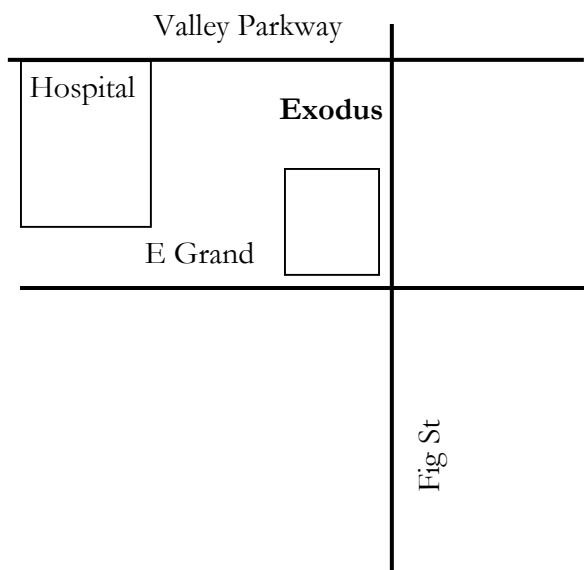
Access and Crisis Line:  
800-479-3339



### Directions:

524 W Vista Way  
Vista, CA 92083  
Phone 760-758-1150

660 E Grand Ave  
Escondido, CA 92025  
Phone 760-796-7760



**Exodus Recovery, Inc.**

Mental Health Services

## Exodus Recovery Mental Health Walk-In Assessment Center



**The Road to Recovery Begins with You!**

Vista (760) 758-1150

Escondido (760) 796-7760

# Exodus Recovery Mental Health Walk-In Assessment Center

The North County Walk-in Assessment Center (WIAC) is a County of San Diego Mental Health contracted program designed to service adults, 18 and older, who are experiencing a mental health crisis or urgent need for mental health services. The goals of the program are to provide short-term mental health services to adults:

- who are in need of crisis intervention services
- who might otherwise present at emergency rooms for mental health services
- who are waiting to connect to ongoing treatment programs

Services will include:

- Assessment
- Crisis intervention
- Medication evaluation
- Trauma and substance abuse assessment and referrals
- Short-term case management
- Linkage to community resources

Mental health services will be provided by a multidisciplinary treatment team, and clients will be involved in their service planning and treatment. Access to services will not be denied on the basis of race, color, nationality, gender, religion, sexual orientation or disability.

The WIAC is funded through the Mental Health Service Act. Therefore, services will be targeted to individuals with Medi-Cal and those who are medically indigent.

## Exodus Recovery, Inc.

Exodus Recovery, Inc. was established in 1986. It has worked collaboratively with two Los Angeles County hospitals since 1989 to provide Chemical Dependency and Mental Health treatment services to the community. Since 1996, Exodus has been a Los Angeles County Department of Mental Health contractor operating various programs including several intensive case management programs. In December 2006, Exodus opened a Mental Health Urgent Care Center in Culver City, CA.

## Multidisciplinary Team

**Luana Murphy, MBA**, President/Chief Executive Officer has over 25 years in healthcare including acute care hospitals, outpatient programs, medical group offices and managed care organizations.

**David Murphy, MD, FACP**, Corporate Medical Director, is Board Certified in Internal Medicine and a certified Addictionologist. He has been a pioneer in the field of Addiction Medicine working over the last 20 years with the

California Medical Board's Diversion Program. He developed a Dual Diagnosis

Track at all levels of services in both inpatient



**Multidisciplinary Team**

and residential settings.

**Kathy Shoemaker, RN**, Senior Vice President, Administration, has over 17 years management experience and over 20 years psychiatric nursing including hospital-based inpatient and outpatient programs and outpatient mental health facilities.

**LeeAnn Skorohod**, Senior Vice President, Operations has over 20 years administrative experience including healthcare and information systems in both the public and private sectors.

**Anna Grellert, MPH**, Associate Vice President, Operations has nearly 10 years healthcare administrative experience.

**Cynthia Halpin Brown, LCSW**, the WIAC Program Director, has over 15 years of experience providing direct service to adults with mental illness.

## Walk-In Hours:

**Monday - Friday Noon - 7pm**

524 W Vista Way , Vista  
(760) 758-1150  
660 E Grand Ave, Escondido  
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