

2011 Events Report

Date	Place	Title	Description	Attendance
		"Emotion Regulation and Self-Harm		
01/10/11	Garren Auditorium	Behavior"	Lecture by Amanda Gutierrez, Psy.D.	35
		"Principles of Caring for Bipolar		
03/07/11	Garren Auditorium	Patients and Their Families"	Lecture by Dr. Hagop Akiskal	61
		"Recent Advances in the Genetics of		
05/02/11	Garren Auditorium	Bipolar Disorder"	Lecture by Dr. John Kelsoe	56
		"Family Treatment for Bipolar		
06/06/11	Garren Auditorium	Disorder"	Lecture by Irwin Rosenfarb, Ph.D.	61
		"A Primer on Public Benefits: From		
07/11/11	Garren Auditorium	Social Security to Medi-Cal"	Lecture by Scott Stewart	32
		"Behavioral Health Emergency		
08/01/11	Garren Auditorium	Response Plan"	Lecture by PERT's Marla Kingkade	25
11/07/11	Garren Auditorium	TBA	ТВА	
			Psychiatric Emergency Response Team	
			Training Academy - outreach to officers	50 officers, 2
01/20/11	Marina Village	PERT Academy	through the resource fair	members
			Members hosted a table in the	100 attendees,
02/23/11	Marina Village	NAMI Hearts & Minds		4 members
		Community Alliance for Healthy		
02/10/11	_	·		240 attendees,
03/19/11	School, Poway, CA	Minds Forum (CAHM)	resource fair between lectures.	4 members
			Psychiatric Emergency Response Team	
			Training Academy - outreach to officers	50 officers, 2
04/14/11	Marina Village	PERT Academy	through the resource fair	members
			DBSA members walked and hosted a	3000+ walkers,
04/16/11	 Balhoa Park	NAMI Walk		10 members
	01/10/11 03/07/11 05/02/11 06/06/11 07/11/11 08/01/11 11/07/11 01/20/11 02/23/11 03/19/11 04/14/11	O1/10/11 Garren Auditorium O3/07/11 Garren Auditorium O5/02/11 Garren Auditorium O6/06/11 Garren Auditorium O7/11/11 Garren Auditorium O8/01/11 Garren Auditorium O1/20/11 Marina Village O2/23/11 Marina Village Abraxas High O3/19/11 School, Poway, CA O4/14/11 Marina Village	"Emotion Regulation and Self-Harm Behavior" "Principles of Caring for Bipolar Patients and Their Families" "Recent Advances in the Genetics of Bipolar Disorder" "Family Treatment for Bipolar Disorder" "A Primer on Public Benefits: From Social Security to Medi-Cal" "Behavioral Health Emergency Response Plan" 11/07/11 Garren Auditorium TBA 01/20/11 Marina Village Abraxas High O3/19/11 School, Poway, CA PERT Academy PERT Academy 04/14/11 Marina Village PERT Academy PERT Academy O4/14/11 Marina Village PERT Academy PERT Academy PERT Academy PERT Academy O4/14/11 Marina Village PERT Academy PERT Academy	"Emotion Regulation and Self-Harm Behavior" O3/07/11 Garren Auditorium Behavior" O3/07/11 Garren Auditorium Patients and Their Families" O5/02/11 Garren Auditorium Patients and Their Families" O5/02/11 Garren Auditorium Bipolar Disorder" O6/06/11 Garren Auditorium Disorder" O7/11/11 Garren Auditorium Disorder" O8/01/11 Garren Auditorium Disorder" O8/01/11 Garren Auditorium Disorder" O8/01/11 Garren Auditorium Disorder Lecture by Irwin Rosenfarb, Ph.D. O7/11/11 Garren Auditorium Disorder Lecture by Scott Stewart O8/01/11 Garren Auditorium Disorder Lecture by Scott Stewart O8/01/11 Garren Auditorium Disorder Lecture by PERT's Marla Kingkade 11/07/11 Garren Auditorium Disorder Disorder Lecture by PERT's Marla Kingkade 11/07/11 Garren Auditorium Disorder Di

				DDCA hoosed magnetic matrice along the	
				DBSA board members networked with	25 -44
Ot	06/22/44	Lillanaat	NIADAL Night we will be a Daireau	other community mental health	25 attendees, 2
Outreach 06/22	06/22/11	Hilicrest	NAMI Networking Mixer	organization leaders.	members
				Psychiatric Emergency Response Team	55
				Training Academy - outreach to officers	•
Outreach	06/30/11	Marina Village	PERT Academy	through the resource fair	members
				Members hosted a table in the	50 students, 2
Outreach	09/08/11	City College	Suicide Prevention Week Health Fair	resource fair	members
		Tri-City Medical			
Outreach	10/06/11	Center	Depression Screening Week	Resource Fair	
				Psychiatric Emergency Response Team	
				Training Academy - outreach to officers	50 officers, 2
Outreach	10/13/11	Marina Village	PERT Academy	through the resource fair	members
				Members walk and host a table in the	
Outreach	10/15/11	DeAnza Cove	AFSP Out of the Darkness Walk	resource fair.	
				Members pass out resources and info	
				about DBSA San Diego to psychologists	
		Four Points		and trainees, many of whom are not	
Outreach	10/15/11	Sheridan	SDPA Fall Conference	aware of our services.	
				Behavioral Health Conference for	
				therapists and community	
				organizations. Members host a table in	
				the expansive resource fair and attend	
Outreach	11/10/11		Meeting of the Minds	lectures.	
				Premier suicide prevention walk in San	
				Diego. Members walk and host a table	
Outreach	11/17/11	Balboa Park	Save a Life San Diego Walk	in the resource fair.	
	, ,		Ü	Annual spring social for group	
				members and their family and friends.	
				Members pay \$5 (if they can) and the	
Social	04/02/11	Hometown Buffet	Spring Fling	group pays the rest.	
Social		Petco Park	Padres Game	Group field trip to a Padres Game	25

				Potluck picnic #1 - group provides main dishes, drinks & paper products,	
				members bring sides. Opportunity for people to make friends, have fun &	
Social	06/25/11	Crown Point	Summer Picnic	decrease isolation.	
Social		Crown Point	Summer Picnic	Potluck picnic #2	
Social	<u> </u>	Crown Point	Summer Picnic	Potluck picnic #3	
Social		Crown Point	Summer Picnic	Potluck picnic #4	
Social	03/21/11	Crown rounc	Sammer Fleme	Annual fall social for group members and their family and friends. Members pay \$5 (if they can) and the group pays	
Social	11/19/11	Hometown Buffet	Thanksgiving Feast	the rest.	
Social	TBD	VA Hospital	Holiday Appreciation Party	Potluck holiday party and opportunity for the group to recognize facilitators and volunteers for their service and dedication.	
Social	TBD	Balboa Park Club	Client Recognition Luncheon	that lets each community org recognize one member. We present the Excellence in Recovery Award.	
Training	01/12/11	VA Hospital	Facilitator Training	Training for new DBSA San Diego facilitators - Led by Libby, Walter & Michelle	19
Training		VA Hospital	Facilitator Training	Training for new DBSA San Diego facilitators - Led by Libby, Walter, Jay & Michelle	23