



2011 Events Report

Type	Date	Place	Title	Description	Attendance
Lecture	01/10/11	Garren Auditorium	"Emotion Regulation and Self-Harm Behavior"	Lecture by Amanda Gutierrez, Psy.D.	35
Training	01/12/11	VA Hospital	Facilitator Training	Training for new DBSA San Diego facilitators - Led by Libby, Walter & Michelle	19
Outreach	01/20/11	Marina Village	PERT Academy	Psychiatric Emergency Response Team Training Academy - outreach to officers through the resource fair	50 officers, 2 members
Lecture	03/07/11	Garren Auditorium	"Principles of Caring for Bipolar Patients and Their Families"	Lecture by Dr. Hagop Akiskal	61
Outreach	03/19/11	Abraxas High School, Poway, CA	Community Alliance for Healthy Minds Forum (CAHM)	Members hosted a table in the resource fair between lectures.	240 attendees, 4 members
Outreach	02/23/11	Marina Village	NAMI Hearts & Minds	Members hosted a table in the resource fair.	100 attendees, 4 members
Social	04/02/11	Hometown Buffet	Spring Fling	Annual spring social for group members and their family and friends. Members pay \$5 (if they can) and the group pays the rest.	
Outreach	04/14/11	Marina Village	PERT Academy	Psychiatric Emergency Response Team Training Academy - outreach to officers through the resource fair	50 officers, 2 members
Outreach	04/16/11	Balboa Park	NAMI Walk	DBSA members walked and hosted a table in the resource fair.	3000+ walkers, 10 members
Lecture	05/02/11	Garren Auditorium	"Recent Advances in the Genetics of Bipolar Disorder"	Lecture by Dr. John Kelsoe	56

Lecture	06/06/11	Garren Auditorium	"Family Treatment for Bipolar Disorder"	Lecture by Irwin Rosenfarb, Ph.D.	61
Social	06/11/11	Petco Park	Padres Game	Group field trip to a Padres Game	25
Outreach	06/22/11	Hillcrest	NAMI Networking Mixer	DBSA board members networked with other community mental health organization leaders.	25 attendees, 2 members
Social	06/25/11	Crown Point	Summer Picnic	Potluck picnic #1 - group provides main dishes, drinks & paper products, members bring sides. Opportunity for people to make friends, have fun & decrease isolation.	
Outreach	06/30/11	Marina Village	PERT Academy	Psychiatric Emergency Response Team Training Academy - outreach to officers through the resource fair	50 officers, 2 members
Lecture	07/11/11	Garren Auditorium	"A Primer on Public Benefits: From Social Security to Medi-Cal"	Lecture by Scott Stewart	32
Social	07/23/11	Crown Point	Summer Picnic	Potluck picnic #2	
Lecture	08/01/11	Garren Auditorium	"Behavioral Health Emergency Response Plan"	Lecture by PERT's Marla Kingkade	25
Social	08/21/11	Crown Point	Summer Picnic	Potluck picnic #3	
Outreach	09/08/11	City College	Suicide Prevention Week Health Fair	Members hosted a table in the resource fair	50 students, 2 members
Training	09/13/11	VA Hospital	Facilitator Training	Training for new DBSA San Diego facilitators - Led by Libby, Walter, Jay & Michelle	23
Social	09/24/11	Crown Point	Summer Picnic	Potluck picnic #4	
Outreach	10/06/11	Tri-City Medical Center	Depression Screening Week	Resource Fair	
Outreach	10/13/11	Marina Village	PERT Academy	Psychiatric Emergency Response Team Training Academy - outreach to officers through the resource fair	50 officers, 2 members

Outreach	10/15/11	DeAnza Cove	AFSP Out of the Darkness Walk	Members walk and host a table in the resource fair.	
Outreach	10/15/11	Four Points Sheridan	SDPA Fall Conference	Members pass out resources and info about DBSA San Diego to psychologists and trainees, many of whom are not aware of our services.	
Lecture	11/07/11	Garren Auditorium	TBA	TBA	
Outreach	11/10/11		Meeting of the Minds	Behavioral Health Conference for therapists and community organizations. Members host a table in the expansive resource fair and attend lectures.	
Outreach	11/17/11	Balboa Park	Save a Life San Diego Walk	Premier suicide prevention walk in San Diego. Members walk and host a table in the resource fair.	
Social	11/19/11	Hometown Buffet	Thanksgiving Feast	Annual fall social for group members and their family and friends. Members pay \$5 (if they can) and the group pays the rest.	
Social	TBD	VA Hospital	Holiday Appreciation Party	Potluck holiday party and opportunity for the group to recognize facilitators and volunteers for their service and dedication.	
Social	TBD	Balboa Park Club	Client Recognition Luncheon	Awards luncheon put on by the county that lets each community org recognize one member. We present the Excellence in Recovery Award.	